

CHEMICAL PEEL

PRE & POST TREATMENT CARE INSTRUCTIONS

- Do not use Accutane (acne medication) for several months before the treatment
- Do engage in any exfoliating treatments at least one month prior to treatment
- Do not apply Retin-A, Tazorac, Renova, or Differin (also acne medication) two weeks before and two weeks after your treatment
- Do not use any waxing or hair removal creams two weeks before treatment
- Do not engage in any laser treatments one month before and one month after your treatment
- Do not engage in any tanning sessions approximately one month before treatment

Tell your Medical Peel clinician if:

- You have had Accutane recently
- You have had any recent facial surgery or radiation
- A herpes infection in the therapy area
- Any allergies to medication
- A suppressed immune system

Day of the Chemical Peel

Your skin may be tender and red in the area of the chemical peel. This is normal. Use skin care products as instructed for the day of your chemical medical peel. If you have any “rug burns,” apply a small amount of the ointment provided by your clinician. “Rug burns” can be annoying, but they are not a concern and represent an area that will show good improvement when healed. Keep these areas moist with the ointment until healed. This is usually about three days following your medical peel.

Day after Your Chemical Medical Peel

Continue to use products as instructed the day after your chemical peel. Your skin may become dryer, and your lines may begin to look worse as the skin prepares to peel. This is normal. Don't be alarmed. Be sure to wear a moisturizer and sunscreen recommended by your clinician post chemical peel.

Day Three after Your Chemical Peel

The skin will be very dry and your lines and dark spots, if you have them, will look worse today as it begins to peel. The area around the mouth is the first area to flake. Be sure to moisturize a couple of times a day.

Be gentle with your skin. Do not over exfoliate, as this will sometimes cause a second “peeling.” REMEMBER YOUR SUNSCREEN EVERYDAY! Call if you have any questions or concerns.