

LIZA GLICKMAN

ANTI-AGING TREATMENTS  BODY SCULPTING

EMATRIX POST PROCEDURE INSTRUCTIONS

- Wait 12 hours before washing face, then only use a gentle cleanser. Wash treated area with hands, not a wash cloth.
- After you wash your face, apply a moisturizer, if necessary, sun screen with SPF 30 or higher that contains zinc and you can use a powder based mineral make-up.
- If you are out in the sun, you need to reapply sunscreen every four hours.
- Do not pick or scratch at the little scabs,. Let them fall off on their own, approximately 3-5 days.
- Avoid thermal trauma such as hot showers, whirlpool, steam rooms, saunas, etc., for two days following treatment.
- Do not do anything that will make you sweat, (ie: working out that gym) for two day following the treatment.
- Do not take any anti-inflammatory medications for 1 week following treatment, IE: Ibuprofen, Advil, Motrin, Excedrine, Nuprin, or antihistamine medications.
- If you have any problem or concerns, please call 911 or 407-881-3603.